1.)

Cut out 12 equal lengths of yarn, each approximately 12 inches long.

2.)

Twist four lengths of yarn (made of fibers) together in a clockwise direction, twisting from both ends, to make a strand.

3.)

Make two more strands, holding them tightly so they don't unravel.

4.)

Place the strands alongside each other and hold them together at each end. Twist these strands in a clockwise direction at both ends.

5.)

Finish the ends by tying another piece of yarn tightly around each end.

You have officially made a Hawser rope because it's made out of three strands.